

FALL • WINTER 2016-17
PROGRAM GUIDE



CHELSEA

RECREATION & CULTURAL AFFAIRS DIVISION



**Coming soon
in 2017
Online
Registration!**



Registration begins Tuesday, September 13, 2016



From the Chelsea City Manager

Hello Chelsea residents:

It is my privilege to introduce the offerings for the Fall/Winter season of the Recreation and Cultural Affairs Division of the Health and Human Services Department. As you may have heard, the City has renewed its commitment to recreation and culture in its budget for fiscal year 2017. The Division has two branches: Chelsea Community Schools and Community Recreation & Arts. Our hope is that, under the able leadership of Bea Cravatta, we will slowly build upon current Chelsea Community Schools and Chelsea Cultural Council work over the course of this fiscal year and will include more robust programming in both branches.

Over the last decade, thousands of residents have taken part in the classes and activities that Chelsea Community Schools has provided to the community. It is my sincere hope that the Community Recreation & Arts branch will replicate this success and provide new and unique opportunities to foster a cohesive community of Chelsea residents through recreation and shared culture.

From youth-oriented classes like Flying Squirrel Puppet Theater and basketball to adult-specific classes like Spanish and guitar lessons, Chelsea Community Schools offers a way to learn from, engage with, and share experiences with other Chelsea residents. The newly announced Community Recreation & Arts branch will continue current annual events like the city-wide Halloween Celebration and various youth sports leagues activities that provide residents of Chelsea with an outlet for physical activity and enjoyment.

I look forward to seeing you around the City and hope you take advantage of the programs and events that make our City special.

Thomas G. Ambrosino
City Manager



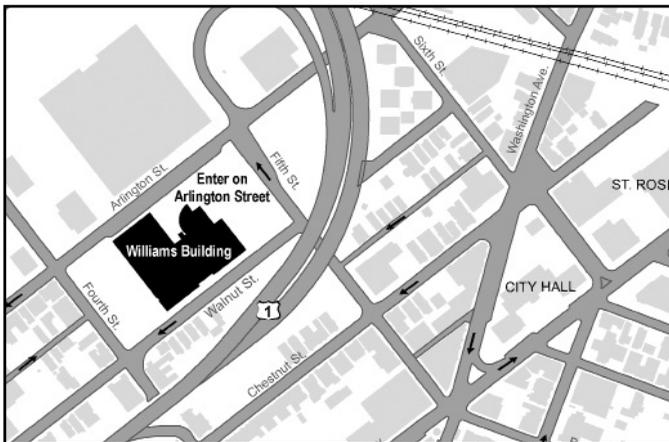
Recreation & Cultural Affairs Division

The Recreation & Cultural Affairs Division provides recreation and cultural activities for the citizens of Chelsea. The Division creates community through engaging citizens in a variety of programs, building collaborative relationships, and responsibly managing resources. It has two branches:

Chelsea Community Schools (CCS)

enhances the lives of Chelsea residents by providing affordable, high-quality recreation and education opportunities to youth and adults. Each season, hundreds of individuals participate in CCS classes and dozens of community organizations use our city's state-of-the-art public school facilities. Since 1996, CCS, operated by the City of Chelsea's Health and Human Services Department in collaboration with Chelsea Public Schools, has been evolving in response to the diverse and changing needs of our community.

Where CCS is Located



Easily accessible by bus with ample parking

Williams Building
CCS Program Office
180 Walnut Street, Room 107
Chelsea, MA 02150
617.466.5233
617.466.4099 (fax)
ccs@chelseama.gov
www.chelseama.gov/ccs

Program Hours

Mon-Fri 4:00pm - 8:30pm
Sat 9:00am - 4:30pm

Community Recreation & Arts (CRA)

provides year-round, citywide and neighborhood-based recreation programs and cultural events, supports youth/adult leagues, and is responsible for the scheduling of all City parks for athletic and recreation uses.

Contact Information

Recreation & Cultural Affairs Division
Administrative Office, Room 311
Chelsea City Hall
500 Broadway
Chelsea, MA 02150

Phone: 617.466.4070

Fax: 617.466.4099

recreation@chelseama.gov

www.chelseama.gov/recreation

 Find Us on Facebook

Staff

Bea Cravatta, Director
Allie Rojas, CCS Manager
Natalie Bernard, Program Assistant
Joanna Romero, Program Assistant
Israel Valles-Diaz, Security, CPS

Cover Photo:

Children dancing - Halloween Celebration 2015.
Courtesy of Marianne Salza.

Program Finder Index

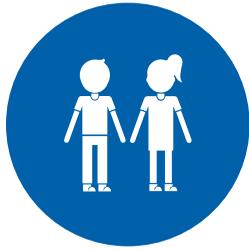
All programs are held at the Williams Building, 180 Walnut Street unless otherwise indicated.

	PAGE #	All Ages	0-2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18-54	55+
Arts																				
Flying Squirrel Puppet Theater	6						•	•	•	•	•	•	•	•						
Instruments of Rock	6											•	•	•	•					
Chelsea Youth Chorus	6												•	•	•	•	•	•		
Keyboard	6									•	•	•	•	•	•	•	•	•	•	•
Introduction to Guitar	6														•	•	•	•	•	•
Knit your own Hat, Scarf & Gloves	7													•	•	•	•	•	•	•
Open Time to Crochet & Knit	7													•	•	•	•	•	•	•
Knitting for Project Linus	7													•	•	•	•	•	•	•
Little Picassos	7			•	•	•														
Acting Workshop	7									•	•	•	•	•	•					•
Enrichment & Language																				
Beginner Spanish for Kids	7									•	•	•	•							
Bike Repair & Safety	7										•	•	•	•	•	•	•	•	•	•
Teaching Preschoolers Money Skills	7			•	•	•														
Banking 101 for Kids	7							•	•	•	•									
Field Trip to the Bank	8							•	•	•	•									
Great Idea Exchange	10															•	•	•	•	•
Computer Basics	10															•	•	•	•	•
Standard First Aid & CPR/AED	10													•	•	•	•	•	•	•
Conversation with Chelsea City Manager	10																•	•	•	•
The Home Buying Process	10																			•
English as a Second Language & Spanish	11															•	•	•	•	•
Family																				
Chelsea Police Station Tour	8						•	•	•	•	•	•	•							•
Chelsea Fire Station Tour	8						•	•	•	•	•	•	•							•
Enchanted Gingerbread Village	8			•	•	•	•	•	•	•	•									
Halloween Celebration	8			•	•	•	•	•	•	•	•									
Costume Swap	8	•																		
Pumpkin Decorating	8	•																		
Health & Fitness																				
Youth Cheerleading Clinic	4							•	•	•	•	•	•	•	•	•				
Pre-Season Girls' Basketball Clinic	4									•	•	•	•	•						
Global Premier Soccer	4			•	•	•	•	•	•											
CCS Martial Arts	4							•	•	•	•	•	•							
Karate for Young Children	4			•	•	•														
Yoga For Children	4							•	•	•	•	•								
Parent/Child Yoga	4			•	•	•	•													
Family Recreation Swim	5							•	•	•	•	•	•	•	•	•	•	•	•	•
Open Gym for Kids	5									•	•	•	•							
Women's Self-Defense Workshop	5															•	•	•	•	•
Floor Hockey Scrimmage	9																		•	•
Zumba® Gold	9																			•
Diabetes Education	9															•	•	•	•	•
Wildlife & Nature																				
Urban Rangers: Fall Adventures	5							•	•	•	•	•	•							
Discover Chelsea by the Sea!	5							•	•	•	•	•	•							

Recreation & Cultural Affairs Division

Fall • Winter Program Guide 2016-17

CONTENTS



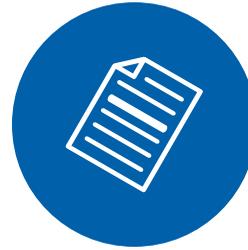
Youth Programs

4



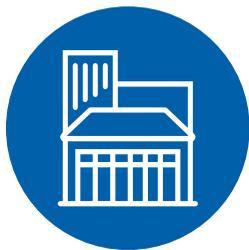
Adult Programs

9



Registration Info

12



Use Our
Facilities

14



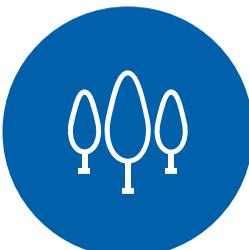
Celebrations
& Events

15



Sport
Leagues

16



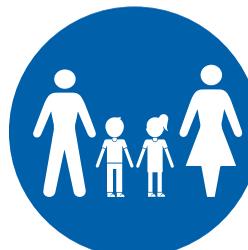
Parks
Information

18



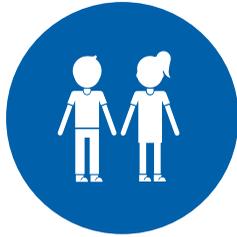
Instructors
& Organizations

22



More Programs
In & Out of Chelsea

24



Youth



Health & Fitness

Universal Cheerleaders Association (UCA)

Youth Cheerleading Clinic **NEW!**

Ages 7-15. UCA Clinics give hands-on instruction to new or veteran cheerleaders. Partner stunts taught in a safe progression, new transitional stunts and pyramids, new cheers, sidelines and dances. Emphasis on spotting and safety. Instructors: UCA - Safety Certified: American Association of Cheerleading Coaches & Administrators

Sat 9am-3pm Sept 24 & Oct 1 \$20

Pre-Season Girls' Basketball Clinic **NEW!**

Ages 9-13. The clinic teaches proper basketball skills to help prepare individual players for the upcoming season using drills and skills; as well as team concepts and game situational play. The morning focuses on individual fundamentals, while the afternoon will be run more like a team practice. It ends with a short scrimmage to bring all of the lessons together in a game-like environment. Instructors: Cori Hughes, Bruce Harrison, & local coaches

Sat 9am-2:30pm Dec 17 \$15

Global Premier Soccer

Ages 3.5-8. An innovative co-ed soccer program which focuses on learning through games. Groups learn fundamental skills and sportsmanship using the GPS philosophy. Instructors: GPS Professional Players/Coaches

Parent/Child Soccer (ages 3.5-5) **NEW!**

Introduces young children to the sport of soccer. Parents shadow and support their child, assist them as they learn new skills, and encourage them in an engaging and interactive environment.

Sat 9-9:45am Oct 8 - Nov 12 \$20

Early Development League (ages 6-8)

Focus is on the technical side of the game, encouraging players to be comfortable, creative, and confident on the ball. Provides players the tools and imagination to express themselves in 1 vs 1 situations and small-sided games.

Sat 9:45-10:30am Oct 8 - Nov 12 \$20

CCS Martial Arts **NEW!**

Ages 7-12. Discover self-defense, discipline, and concentration through the practice of American Shaolin Kempo. Learn basic blocking systems, hand strikes and kicks, forms and combinations. Includes \$20 uniform & belt which must be paid at time of registration. Instructor: Diana Baldelomar

Thurs 6:30-7:15pm Sept 29 - Nov 17 \$35

Karate for Young Children **NEW!**

Ages 4-6. Focus is on developing coordination and skills as a foundation for further martial arts practice. Learn basic blocks and strikes. Includes \$10 uniform & belt paid at time of registration. A parent must be present at each class. Instructor: Diana Baldelomar

Thurs 5:30-6:15pm Sept 29 - Nov 17 \$25

Yoga for Children

Ages 7-11. Discover the benefits and joy of yoga. Explore different breathing exercise, yoga poses, music, and mindfulness activities. Yoga mat & grip socks required. Fee includes mat. Instructor: Katie Laundre

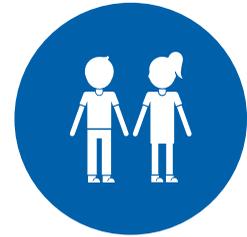
Tues 6-6:45pm Oct 11 - Nov 22 \$15

Parent/Child Yoga

Ages 3-6 with adult. Delivers the same mental and physical benefits as any other yoga class: peace of mind, relaxation, and increased bodily strength and flexibility. Yoga mat and grip socks required. Fee includes mat. Instructor: Katie Laundre

Tues 7-7:45pm Oct 11 - Nov 22 \$20

Youth



Family Recreation Swim

Ages 6+ with adult. Families with children six years and older are welcome to register. The pool depth is from 3 feet 6" to 10 feet. Locker rooms and showers are available. Bring your own towel and swimsuit. Professional lifeguard reviews pool rules and conducts swim tests if necessary. Children must have direct parental supervision and contact in the water at all times. Location: Jordan Boys & Girls Club, 30 Willow Street, Chelsea

Fri 6:30-8pm Oct 7 family of 5: \$10

Women's Self-Defense Workshop **NEW!**

Ages 15+. Participants learn basic and effective techniques for self-defense. Workshop includes warm-up and stretches, discussion of self-defense scenarios, and hands on practice. Participants with a variety of experience and any level of physical ability are welcome. Instructor: Diana Baldelomar

Thurs 6-8pm Dec 1 \$15

Open Gym for Kids

Ages 9-12. Dribble, swing, pass and dodge. Participate in a variety of sport activities such as basketball, wiffleball and flag football. Learn teamwork and sportsmanship while developing your athletic skills. Instructor: Anita Barnes

Mon 6:15-7pm Sept 26 - Oct 24 \$15



Wildlife & Nature

Urban Rangers: Fall Adventures **NEW!**

Ages 7-12. Discover and explore the art and nature all around us in Chelsea! Spend time outdoors observing and investigating ecology and time indoors creating art inspired by our experiences! Session will focus on seasonal changes from summer to fall. Instructors: Katherine Gasper and Michael Gasper

Sat 9-11am Oct 1 - Nov 12 \$15

Discover Chelsea by the Sea! **NEW!**

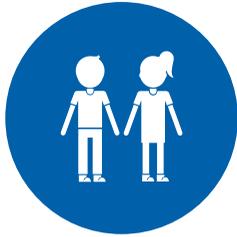
Ages 7-12 with adult. Join the Urban Rangers for a seaside scavenger hunt at Mary O'Malley Memorial Park! Explore the natural and artistic wonders of our city by the sea and create drawings of the treasures we find! Location: Commandants Way along the waterfront's Admirals Hill. Meet at the tennis courts! Instructors: Katherine Gasper and Michael Gasper

Sat 10am-12pm Nov 19 \$15

Oh no! It was cancelled!

Sometimes excellent courses are cancelled because everyone waits until the last minute to register.

Please register early to avoid disappointment for yourself and others.
(617) 466-5233.



Youth



Arts

Flying Squirrel Puppet Theater (FSPT)

Ages 6-13. An original puppet theater produced by children! Write the storyline, create the puppets, and perform the show in front of a live audience. FSPT serves as an engaging connection between art, drama, writing and problem solving. Instructor: Demetrius Fuller

FSPT Classes

Puppet Making: Create characters! Learn the four main types of puppets: Hand, Rod, Marionettes and Shadow.
Tues & Thurs 5:30-7pm Oct 4 & 6 \$15

Script Writing: Create a story! Use your imagination to create and act out short scripts.
Tues & Thurs 5:30-7pm Mar 7 & 9 \$15

FSPT Troupe **NEW!**

Create a full length puppet show complete with original puppets, set, lights, music, and sound for the Summer 2017.
Summer Program: July 5-21, weekdays, 5:30-8pm

"The Wingspringers" (ages 6-9)
Learn and prepare short original puppet shows and present them before the full-length summer production.
2nd Thurs/mo 5:30-6:30pm* \$40**

"The Role Vaulters" (ages 10-13)
Prepare for the full-length summer production. Members perfect the craft of puppetry and voice acting.
2nd Thurs/mo 6:45-8pm* \$40**

*beginning Thursday, October 13
**fee includes FSPT Summer Program!

Instruments of Rock **NEW!**

Ages 11-14. Find your inner rock star by trying each of the musical instruments used in a rock band: keyboard, drums, bass guitar, and electric guitar. Learn the basic fundamentals of each instrument. Instructor: John Forrestal
Mon 6-7pm Oct 17 - Dec 5 \$20

Chelsea Youth Chorus (CYC)

Ages 12-17. Chelsea's premier choral ensemble. Performance repertoire is from the highest quality music in the choral tradition. The group consist of soprano, alto, tenor, and bass and sing both a capella and accompanied repertoire. The CYC performs throughout the year at various musical and civic events.

Audition: Youth who sing well and are eager to learn are considered for membership. Dates: Wed., Sept 21, 6-7pm & Sept 28, 5-6pm. Instructor: Andrew Skinner
Wed 6-8pm Sept 28 - Jun 21 \$40

Keyboard for Children

Ages 9-11. Learn the basics for keyboard including reading, writing, rhythm, theory and technique. Apply these skills and learn to play many simple songs. Access to a keyboard for practicing is required. Instructor: Allen Chang
Sat 1-2pm Oct 1 - Nov 19 \$20

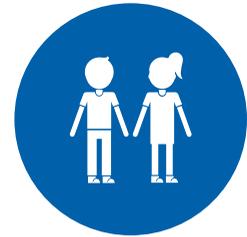
Keyboard for Teens

Ages 11-14. Develop musical knowledge and keyboard skills through scales, chords, arpeggios, theory and ear training. Apply these ideas to learn a piano piece and begin exploring how to improvise and compose music! Access to a keyboard for practicing is required. Instructor: Allen Chang
Sat 2-3pm Oct 1 - Nov 19 \$20

Introduction to Guitar

Ages 14+. Learn scales, chords and the guitar's language using both tablature and sheet music. Explore using a pick and fingerstyle techniques! Leave knowing how to read a chord chart, accompany a melodist (vocal or instrumental). Bring your own guitar. Instructor: John Forrestal
Mon 7-8pm Oct 17 - Dec 5 \$20

Youth



Knit Your Own Hat, Scarf & Gloves **NEW!**

Ages 13+. Learn the basic stitches for making a wool hat, scarf or gloves. Practice needles are available for the first class. Instructor: Carmen Bermudez
Sat 2:30-4:30pm Oct 15 - Nov 19 \$15

Open Time to Crochet & Knit

Ages 13+. *Participants with basic skills in knitting or crocheting.* For those who would enjoy a congenial setting with a friendly group of knitters and crocheters. Bring your own needles. *Pre-registration is required. Facilitator: Carmen Bermudez
Sat 2:30-4:30pm Oct 15 - Nov 19 No Cost*

Knitting for Project Linus: Providing Security through Blankets

Ages 13+. Join our partnership with the Greater Boston Chapter of Project Linus to knit or crochet homemade washable blankets to give as gifts that will provide warmth and comfort to seriously ill and traumatized children, ages 0-18. All materials are donated - please bring your own knitting needles. *Pre-registration is required. Facilitator: Carmen Bermudez
Sat 2:30-4:30pm Oct 15 - Nov 19 No Cost*

Little Picassos **NEW!**

Ages 4-6. Engage in creative projects involving painting, printmaking, design, mixed media, and clay. Gain experience in the foundations of the fine arts! Parents are welcome to participate. Instructor: Jennifer Porto.
Tues 4:30-5:15pm Oct 4 - Nov 15 \$15

Acting Workshop

Ages 9-14. If you have ever thought about performing on stage, or on-camera, this class is for you! Learn the fundamentals of drama and discover new strengths as you engage in challenging improvisations, pantomimes and script work. Instructor: Anita Barnes.
Fri 6:30-7:15pm Sept 30 - Nov 4 \$15



Enrichment

Beginner Spanish for Kids

Ages 9-12. Learn basic grammar skills, sentence structure, reading skills and pronunciation through language games and activities. Develop bilingual skills and appreciation for Hispanic culture! Instructor: Yolanda Gonzales
Wed 6-7:15pm Oct 5 - Dec 7 \$20

Bike Repair & Safety

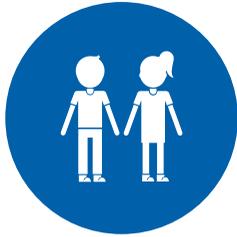
Ages 10+. Take care of your bike! Find out how to fix a tire, adjust brakes and gears. Learn about chains, lubrication, and how to generally diagnose a problem. Review bike safety tips! Bring your bike to class and don't wear nice clothes! Children need to be accompanied by an adult. Instructor: Aaron Corso, Service Manager, JRA Cycles
Thurs 6-7pm Oct 13 \$10

Teaching Preschoolers Money Skills

Ages 4-6. Learn about the different denominations of money. Reading books, playing games, and singing songs about money help them differentiate between the amounts. *Refreshments will be served. Instructors: Kesia Ascencio & Andris Gonzalez
Mon 5:45-6:30pm Nov 7 Contribution: \$2*

Banking 101 for Kids

Ages 7-10. Kids learn the origins of banking and money, denominations of cash, parts of a check, meaning of deposits and withdrawals, importance of saving money and the various jobs available at a bank. The "Field Trip to the Bank" is included! *Refreshments will be served. Instructors: Kesia Ascencio & Andris Gonzalez
Mon 5:45-7pm Nov 14 Contribution: \$2*



Youth



Family

Chelsea Police Station Tour

Ages 6-12 with adult. Police officers provide a guided tour throughout the station providing information about the daily activities and structure of the department. Meet at the Chelsea Police Station, 19 Park Street. *Pre-registration is required. Coordinator: Officer Sammy Mojica

Tues 6-7pm Nov 1 No Cost*

Chelsea Fire Station Tour **NEW!**

Ages 6-12 with adult. Chelsea firefighters welcome the public to visit the Central Fire Station. Receive a guided tour of the facility, learn about their special equipment, and review general fire safety. Discover the many services firefighters offer to the city! Meet at the fire station, 307 Chestnut Street. *Pre-registration is required. Coordinator: Deputy Chief Wayne Ulwick

Thurs 6-7pm Oct 20 No Cost*

Enchanted Gingerbread Village

Ages 3-10 with adult. Bring some holiday magic to your home by creating & constructing a whimsical mini enchanted village using icing, gingerbread, and candy plus a variety of recyclable containers. Instructor: Rita Russell

Sat 1-3pm Dec 10 family of 4: \$15

Field Trip to the Bank

Ages 7-10 with adult. Discover what a local bank offers your community! Participate in a Scavenger Hunt to help them locate bank items. *Refreshments will be served. Location: Chelsea Bank, 360 Broadway. Instructors: Kesia Ascencio & Andris Gonzalez

Sat 10:30am-12pm Nov 19 Contribution: \$2*

XII Annual Halloween Celebration



Ages 3-10 with adult. Participate in a variety of ghoulish games such as musical Halloween symbols, pin the Boo on the ghost, cookie decorating & other ghostly activities. Come in your favorite costume! Watch a scary puppet show! Registrants receive a wicked trick or treat bag filled with delicious candy! Admission is free for infants and toddlers. *Pre-registration is recommended.

Sun 4-6pm Oct 30 \$5*

Costume Swap

All ages. Save money! Bring in a costume and walk away with a different one. Come celebrate National Costume Swap Day! Costumes and accessories for children, adults, and even pets are welcome! We accept donations of costumes from those who do not want to receive a costume in exchange. Drop off used, clean costumes at the Chelsea Community Connections (CCC), 113 Hawthorne St., or at the Chelsea Public Library, 569 Broadway. Participants can choose to swap or buy costumes. All proceeds go to the CCC! Coordinators: Carolyn Vega & Cara Cogliano

**Sat 10am -12pm Oct 15 Free to Swappers
Costumes: \$5
Accessories: \$2**

Pumpkin Decorating

All ages. Bring your own pumpkins! Embellish your pumpkin with paint, sequins, googly eyes, ribbons. . . Create creepy, attention-grabbing pumpkins. Use a variety of crafts supplies and let the pumpkin decorating begin!

Instructor: Anita Barnes
Sat 11am-12:30pm Oct 22 family of 4: \$5

Adult



Health & Fitness

Women's Self-Defense Workshop **NEW!**

Participants learn basic and effective techniques for self-defense. Workshop includes warm-up and stretches, discussion of self-defense scenarios, and hands on practice. Participants with a variety of experience and any level of physical ability are welcome. Instructor: Diana Baldelomar
Thurs 6-8pm Dec 1 \$20

Floor Hockey Scrimmage **NEW!**

Start the weekend by joining a group of hockey enthusiasts who play hard and fast. Brush up on your hockey skills while playing in a fast-paced, competitive game. Instructor: Bruce Harrison
Fri 7:30-8:30pm Sept 30 - Nov 4 \$15

Zumba Gold

Meets the needs of those starting a fitness program or the active older adult. Modified dance movements makes the class friendly and enjoyable. Burn calories, build cardiac endurance and increase flexibility and strength. Please wear comfortable clothing and sneakers. Instructor: Christine Stevens
Mon & Wed 5:30-6:15pm Sept 26 - Oct 24 \$20

Diabetes Education **NEW!**

Using the *Diabetes Conversation Map*, participants and the certified facilitator discuss topics such as: diabetes overview, meal planning, monitoring blood glucose, and stress management. An innovative tool for diabetes education development in collaboration with the American Diabetes Assoc. Instructor: Christine Stevens
Wed 6:30-7:15pm Sept 28 - Oct 19 \$5



Arts

Knit Your Own Hat, Scarf & Gloves **NEW!**

Learn the basic stitches for making a wool hat, scarf or gloves. Practice needles are available for the first class. Instructor: Carmen Bermudez
Sat 2:30-4:30pm Oct 15 - Nov 19 \$20

Knitting for Project Linus: Providing Security through Blankets

Join our partnership with the Greater Boston Chapter of Project Linus to knit or crochet homemade washable blankets to give as gifts that will provide warmth and comfort to seriously ill and traumatized children, ages 0-18. All materials are donated - please bring your own knitting needles. *Pre-registration is required. Facilitator: Carmen Bermudez
Sat 2:30-4:30pm Oct 15 - Nov 19 No Cost*

Keyboard

Develop musical knowledge and keyboard skills through scales, chords, arpeggios, theory and ear training. Apply these ideas to learn a piano piece and begin exploring how to improvise and compose music! Access to a keyboard for practicing is required. Instructor: Allen Chang
Sat 2-3pm Oct 1 - Nov 19 \$30

Introduction to Guitar

Learn scales, chords and the guitar's language using both tablature and sheet music. Explore using a pick and fingerstyle techniques! Leave knowing how to read a chord chart, accompany a melodist (vocal or instrumental). Bring your own guitar. Instructor: John Forrestal
Mon 7-8pm Oct 17 - Dec 5 \$30

Acting Workshop **NEW!**

Learn the fundamentals of drama and discover new strengths as you engage in challenging improvisations, pantomimes and script work. Instructor: Anita Barnes
Fri 7:30-8:30pm Sept 30 - Nov 4 \$20



Adult



Enrichment

Great Idea Exchange **NEW!**

Come share your recreation, arts, and cultural programs ideas with the Chelsea Recreation & Cultural Affairs Division! Members from the CCS Advisory Board and the Chelsea Cultural Council are present to talk about the Division's work and new initiatives. We want to hear from you! Refreshments will be served. Walk-ins are welcome.

Tues 6 -7:30pm Nov 15 No Cost

Computer Basics (English/Spanish)

For students with no computer skills. Discover the basics of operating a computer and how to use the mouse and keyboard. Learn practical information about Windows, e-mail and the Internet. Instructor: Angel Del Valle

Wed 6:30-8:30pm Oct 5 - Nov 2 \$20

Bike Repair & Safety

Take care of your bike! Find out how to fix a tire, adjust brakes and gears. Learn about chains, lubrication, and how to generally diagnose a problem. Bring your bike to class and don't wear nice clothes! Instructor: Aaron Corso, Service Manager, JRA Cycles

Thurs 6-7pm Oct 13 \$10

Standard First Aid with CPR/AED - Adult, Child, & Infant

Individuals are trained in the skills necessary to recognize and provide basic care for victims of illness and sudden injuries, and to recognize and provide basic care for life threatening or cardiac emergencies in adults, children, and infants. Certifications: Standard First Aid & Adult, Child, Infant CPR/AED valid for 2 years. Instructor: American Red Cross certified personnel

Sat 9am-4pm Nov 5 \$55

Conversation with Chelsea City Manager, Tom Ambrosino **NEW!**

Meet Chelsea's City Manager; share your ideas, suggestions and opinions in an informal setting. Learn more about the work the City is doing and find ways to participate in activities and events taking place in the City. Refreshments will be served. Walk-ins are welcome.

Tues 6-7:30pm Oct 4 No Cost

Chelsea Police Station Tour

Police officers provide a guided tour throughout the station providing information about the daily activities and structure of the department. Meet at the Chelsea Police Station, 19 Park Street. *Pre-registration is required. Coordinator: Officer Sammy Mojica

Tues 6-7pm Nov 1 No Cost*

Chelsea Fire Station Tour **NEW!**

Chelsea firefighters welcome the public to visit the Central Fire Station. Receive a guided tour of the facility, learn about their special equipment, and review general fire safety. Discover the many services firefighters offer to the city! Meet at the fire station, 307 Chestnut Street. *Pre-registration is required. Coordinator: Deputy Chief Wayne Ulwick

Thurs 6-7pm Oct 20 No Cost*

The Home Buying Process (English/Spanish) **NEW!**

Learn the basic steps to follow in the home buying process. Become a more informed consumer. A licensed real estate professional provides an overview of the steps towards purchasing a home. *Pre-registration is required. Facilitator: Carol Henriquez

Wed 6-8pm Dec 7 No Cost*

Adult



Language

Rosetta Stone Computer Lab: English for all Levels

English students of all levels who need a flexible schedule or additional practice. A technology-based approach to English learning using the immersion method. Students receive a temporary license to access the program from any computer, smart phone or tablet*. Instructor: Annie Houston

Mon & Wed 6-7pm Oct 17 - Dec 7* \$40

Students simultaneously enrolled in a ESOL class: \$25

***Students have access to the online program until January 26, 2017.**

English for Spanish Speakers

For Spanish speakers. Slowly immerse yourself into an English language program. Learn the fundamentals of English grammar and basic reading, writing and speaking skills. Participants should continue to ESOL - Beginner. Instructors: Maritza Cole, Yolanda Gonzales

**Group A
Mon & Wed 6:30-8:30pm Oct 3 - Dec 7**

**Group B
Tues & Thurs 6-8pm Oct 4 - Dec 8**

**Group C
Sat 12-2pm Oct 8 - Dec 10 \$40**

ESOL – Beginner

Participants with limited English skills. Learn basic grammar skills, sentence structure, reading skills and pronunciation. Apply grammar in both reading and writing exercises. Instructors: Annie Houston, Carol Gordenstein, Yolanda Gonzales

**Group A*
Mon & Wed 6-8:30pm Oct 3 - Dec 7**

**Group B*
Tues & Thurs 6-8:30pm Oct 18 - Dec 15**

**Group C
Sat 9-11am Oct 8 - Dec 10 \$40**

*** includes Rosetta Stone Lab**

ESOL – Intermediate

Participants with some English skills. Improve grammar skills using idioms and pronunciation. Apply grammar in reading and writing exercises. Instructors: Carol Gordenstein, Maritza Cole

**Group A
Mon & Wed 6:30-8:30pm Oct 17 - Dec 14**

**Group B
Tues & Thurs 6-8pm Oct 11 - Dec 15 \$40**

ESOL – Advanced

Participants with good English skills. Practice advanced conversation and build a strong vocabulary using real life scenarios. Writing exercises focus on compound sentences. Instructor: Greg Deyermenjian

Tues & Thurs 6:30-8:30pm Oct 4 - Dec 8 \$40

ESOL – Advanced Reading and Writing

Participants with good English skills. Improve reading and writing skills through comprehension and grammar exercises. An excellent course for those who are planning to attend college or enter the work force.

Instructor: Annie Houston
Tues 6:30-8:30pm Oct 4 - Nov 22 \$40

Spanish Advanced Beginner

Enhance conversation skills and fluency while building strong vocabulary and grammar skills. Practice descriptive speech while talking about the past, present, and future. Topics expand vocabulary about people, places, and habits. Instructor: Yolanda Gonzales

Sat 11:30am-1pm Oct 8 - Dec 10 \$40

Everyday Spanish **NEW!**

Participants with some Spanish skills. Learn the correct meaning and usage of Spanish idioms, slang, and common expressions used by native speakers. Build on vocabulary, conversational fluency while developing better listening skills. Instructor: Maritza Cole

Sat 10-11:30am Oct 8 - Dec 10 \$40



Course Registration Information

**Register In Person
beginning**

Tuesday, September 13, 2016

Chelsea Community Schools (CCS)
Williams Building

180 Walnut Street Chelsea, MA

Monday - Friday 4pm - 8:30pm and Saturday 9am - 4:30pm

Payment in cash or money order. No personal checks accepted.

RESERVE Class Space*

You may reserve class space for 48 hours using the options below. Upon receiving your request, CCS will contact you to confirm your reservation. Payment in cash or money order, must be received at the Williams Building within 48 hours to secure a space.

By Mail *

Detach & fill out the registration form & return it to:
Chelsea Community Schools
Recreation & Cultural Affairs Division, Rm. 311
Chelsea City Hall
500 Broadway, Chelsea, MA 02150

By Fax*

Reserve anytime by faxing your registration form to us at: 617-466-4099.

Online *

Reserve on the web at: www.chelseama.gov/ccs
Click on the course link and fill out the on-line registration form.

Refund Policy

Chelsea Community Schools reserves the right to cancel or discontinue classes at its own discretion. If a course is cancelled, you have the option to get a refund or register for an alternative class during the same session.

No refunds are given after classes have started. If we receive your request to withdraw at least two weeks prior to the start time of your course, you will receive a refund.

For students in English Language Classes ONLY: during the first week of class, if a student feels that another level would be more suitable for his/her learning needs, the student will be allowed to transfer to another class pending instructor approval and available space.

Bad Weather

Programs are cancelled if the Chelsea Public Schools are closed. Closing will be announced on the major television news stations--channels 4, 5, 7, City Cable TV - channel 15 and on a recorded message by calling (617) 466-5233 after 2 pm on weekdays, or after 7am on Sat. & Sun.

**Chelsea
Community Schools**

will be CLOSED:

Oct. 10

Nov. 11 & 23-27

Dec. 24 - Jan. 3



Use Our Facilities

Chelsea Community Schools (CCS) offers community organizations affordable, safe, secure, state-of-the-art public school facilities to hold classes, meetings, workshops, and tournaments. Facilities can be used on a year-round, seasonal or one-time basis for an affordable fee. The Williams Building, located at 180 Walnut Street, is easily accessible by bus and ample parking is available.

Facilities open for use include:

- Gymnasium
- Cafeteria
- Music room
- Classrooms specialized for art
- Auditorium
- Outdoor basketball courts
- Meeting rooms
- Computer equipped classrooms

CCS partners on a regular basis with a number of community organizations ranging from the Girl Scouts of America to youth sport leagues to the Vietnamese American Volunteer Association.

Organizations are encouraged to apply to use our facilities at least two (2) weeks prior to the event's start date. **Application packets** are available online in English and Spanish:

www.chelseama.gov/chelsea-community-schools/pages/use-our-facilities or contact:

Recreation & Cultural Affairs Division

Administrative Office, Room 311
Chelsea City Hall
500 Broadway
Chelsea, MA 02150

Phone: 617.466.4070

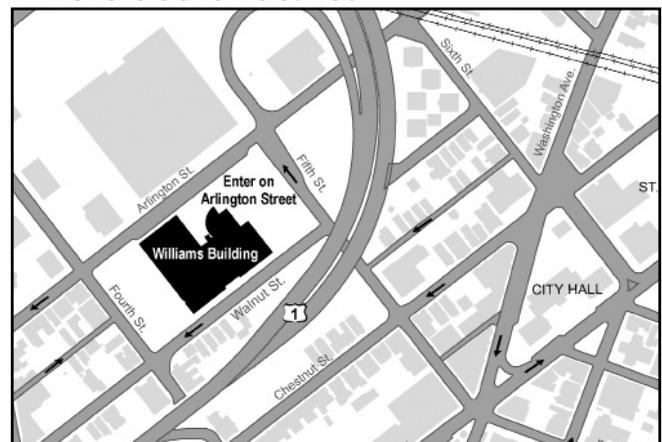
Fax: 617.466.4099

www.chelseama.gov/recreation

recreation@chelseama.gov

 Find us on Facebook!

Where CCS is Located



Easily accessible by bus with ample parking

Celebrations & Events



September

9.19 Taste of Chelsea

5-8pm 99 Marginal Street

www.harborcov.org/tasteofchelsea

October

10.30

XII Annual Halloween Celebration ages 3-10

4-6pm Williams Building, 180 Walnut Street

www.chelseama.gov/ccs

November

11.5

Chelsea Literacy Day

11am-2pm Chelsea Public Library, 569 Broadway

www.chelseama.gov/library

December

12.3 Breakfast with Santa

10am-1pm Williams Building, 180 Walnut Street

www.chelseachamberofcommerce.org

If you have a seasonal event you'd like to post, call (617) 466-4070 and we'll include it in our program guide distributed three times a year: fall•winter, spring, and summer.



Sports Leagues

Soccer

Chelsea Soccer League

617.640.2662

www.facebook.com/Chelsea-Soccer-League-1398216543774531

Chelsea Youth Soccer League

781.215.4206

chelseapremierclub@gmail.com

Matias Soccer School

617.803.5914



Mystic United

www.facebook.com/MysticUnitedFC

mysticunitedFC@gmail.com

Women's Chelsea Soccer League

617.901.8302

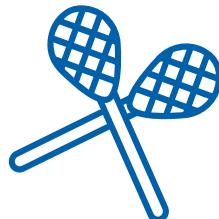
www.facebook.com/WomenChelseaSoccerLeague

Lacrosse

Metro Lacrosse

857.254.8895

www.metrolacrosse.com





Football

Chelsea JR. Red Devils Football & Cheerleading

617.461.6299

www.leaguelineup.com/chelseapopwarner



Chelsea Pride Football and Cheerleading

617.407.2092

www.facebook.com/chelseapridefootballandcheer

Basketball

Chelsea Youth Basketball League

857.928.3145

www.leaguelineup.com/chelseyouthbasketball



Baseball

Chelsea Little League

857.258.5551

www.leaguelineup.com/cheserialtleleague



Chelsea Softball League (Adults)

857.251.0334

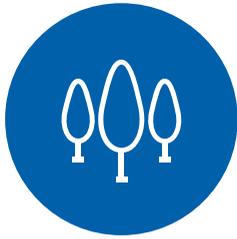
www.facebook.com/chelsea.softballleague

Summer Leagues

The Movement Volleyball & Basketball

www.facebook.com/Chelsea-Summer-Leagues-The-Movement-1155603407816666

Want us to post your league information? Call (617) 466-4070 and we'll include it in our program guide distributed three times a year: fall•winter, spring, and summer.



Parks Information

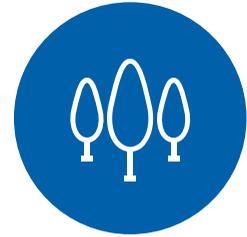
Playgrounds & Tot Lots*

1	Bellingham Hill Park Highland Street					
2	Bosson Playground Grove Street					
3	Carter Playground Carter Street					
4	Creekside Common Gilooly Street					
5	Eden Street Park Addison & Blossom Streets					
6	KaBOOM! Disney Park Spruce & Heard Streets					
7	Kayem Park Fifth Street					
8	Mace Tot-Lot Crescent Avenue					
9	O'Neil Park Beacon Street					
10	Paul A. Dever Park Stockton & Gilooly Streets					
11	Polonia Park Tremont Street					
12	Quigley Park Essex Street					
13	Recipi-Brenes Tot-Lot Watts & Willow Streets					
14	Ruiz Park Washington Avenue					
15	Mary C. Burke Playground Crescent Avenue (CLOSED during school hours)					
16	Box District Park Library Street					
17	Mace Housing Development Crescent & Mill Court					

*Organized events require a permit. Call 617.466.4050 for more information.

City of Chelsea

Playgrounds & Tot Lots

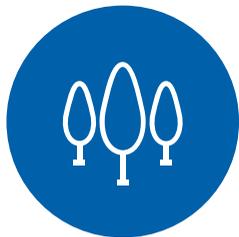


Key Code

- Soccer & Football
- Parking
- Tennis
- Running Track

- Basketball
- Picnic Area
- Playing Fields
- Garden

- Benches
- Playground
- Walking Trails
- Nature & Water Spray



Parks Information (continued)

Parks & Gardens*

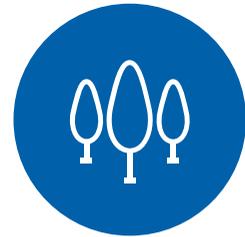
1	Carter Park Carter Street							
2	Chelsea River Walk 257 Marginal Way							
3	Chelsea Square (Winnisimmet Park) Park Street							
4	Veterans Field at Memorial Stadium Everett Avenue							
5	Ciepela Park Medford Street							
6	Paul A. Dever Park Stockton & Gilooly Streets							
7	Garden Cemetary Shawmut Avenue							
8	Highland Green Corridor Highland Street							
9	Highland Park Willow Street							
10	Island End Park Hawthorn Street & Hawthorn Court							
11	Malone Park (State)** Summit Avenue							
12	Mary O'Malley Memorial Park (State)** Commandants Way							
13	Mill Creek Riverwalk Revere Beach Parkway							
14	PORT Park Marginal Street							
15	Voke Park Washington Avenue							
16	Washington Park Washington Avenue							
17	Williams School Courtyard Arlington Street (CLOSED during school hours)							
18	Mary C. Burke Athletic Fields Crescent Avenue							
19	Anita's Garden Spruce Street							

***Municipal:** Organized events require a permit. Call 617.466.4050 for more information. For the Veterans Field at Memorial Stadium, Carter Park, and Mary C. Burke Athletic Fields please call 617.466.5101.

****State:** To schedule organized events for Malone Park, call Chelsea Soldiers' Home at 617.887.7115; for Mary O'Malley Memorial Park call the Department of Conservation and Recreation at 781.485.2804 x100.

City of Chelsea

Parks & Gardens



Key Code

-  Soccer & Football
-  Parking
-  Tennis
-  Running Track

-  Basketball
-  Picnic Area
-  Playing Fields
-  Garden

-  Benches
-  Playground
-  Walking Trails
-  Nature & Water Spray



Instructors & Organizations

Kesia Ascencio

is a Chelsea resident and a graduate of Chelsea Schools and Bunker Hill Community College. She works for Chelsea Bank a division of East Cambridge Savings Bank.

Diana Baldelomar

has been studying the martial arts since 2007. She is a second degree black belt in American Shaolin Kempo. She also studies Taiji and Qigong and is a licensed occupational therapist.

Anita Barnes

is an improvisation enthusiast having acted in two local productions while living in New York. She is also active in art making and youth sports.

Carmen Bermudez

has been crocheting and knitting since age 14. When she's not holding a crochet hook, she can be found at the Sokolowski and Berkowitz Schools where she is a Special Ed Clerk.

Allen Chang

performs as a jazz pianist and hip-hop keyboardist. He is currently pursuing two degrees at Berklee College of Music in Piano Performance and Electronic Production/Sound Design.

Cara Cogliano

is the Co-Director of Chelsea Community Connections. She was a former Williams School pre-school teacher.

Maritza Cole

has a MEd from Cambridge College and holds a certification in ABE and in foreign language (Spanish K-12).

Aaron Corso

has been a professional bicycle mechanic and bicycle advocate for over 20 years. He is the Service Manager at JRA Cycles in Medford.

Angel Del Valle

is the District-wide Technician for the Chelsea Public Schools. He is knowledgeable in both Macintosh and Microsoft operating systems.

Gregory Deyermenjian

has taught English to staff at The Fernald Center and to individuals in private settings. He has a MEd and a MA in International Development.

John Forrestal

is a graduate student in Ethnomusicology at Boston University. He is an accomplished multi-instrumentalist, audio engineer, and composer.

Demetrius Fuller

is the Art Teacher at the Sokolowski Elementary School. He works with groups of children to produce and perform original puppet shows.

Katherine Gasper

holds a M.Ed. from Lesley University. She teaches Science, Math, and Technology in Education at Salem State University.

Michael Gasper

is a self-taught naturalist and artist with a BA in Elementary Education from Salem State University. He is a MA certified art teacher.

Yolanda Gonzales

has a MA from Cambridge College and holds a certification in Bilingual Education elementary and early childhood, and in foreign language (Spanish K-12).

Andris Gonzalez

is the Assistant Sales & Service Manager at East Cambridge Savings Bank. She is a graduate from Mass Bankers School of Finance.

Carol Gordenstein

has an MA in TESOL from the School for International Training in Brattleboro, VT. She has worked for the United States Peace Corps in several different countries.

Bruce Harrison

has over 25 years of experience as a dynamic leader and coach of Chelsea youth sports. His main focus is sportsmanship and teamwork.



Carol Henriquez

is a licensed real estate agent with Coldwell Banker Residential Brokerage. She is retired Chelsea Public School teacher.

Annie Houston

is TEFL certified with teaching experience in France and Italy. She holds a MS in Arts Administration from Boston University and works to promote cultural awareness and the arts.

Cori Hughes

is the Head Coach for Women's Varsity Basketball at Salve Regina University. While at Boston University, she was a four year scholarship athlete and captain of the team.

Katie Laundre

is a registered yoga teacher who has been practicing the art for 10 years. She is a Social Worker at the John Silber Early Learning Center.

Sammy Mojica

has been a Chelsea Police Officer for over ten years. He is assigned to the Community Service Unit and is a lifelong resident of Chelsea.

Jennifer Porto

holds a MFA in Visual Art and Education from Lesley University. She is an Art Teacher at the Wright Science & Technology Academy.

Rita Russell

is a culinary professional with 25 years of experience. She is a graduate of the Cambridge School of Culinary Arts.

Andrew Skinner

holds a degree in Music Education and is the music/chorus teacher at the Browne Middle School. He is in his fifth year of service with the Chelsea Public Schools.

Christine Stevens

is a certified fitness instructor in stress management & Zumba® and Zumba Gold®. She is a registered nurse at MGH Diabetes Research Center.

Wayne Ulwick

is the Deputy Chief of Health & Wellness at the Chelsea Fire Department. He has many board certifications from the National Fire Academy with a concentration in Community Risk Reduction.

Carolyn Vega

is a lifelong Chelsea resident and community activist. She is the Co-Director of Chelsea Community Connections.

American Red Cross

is a humanitarian organization that provides emergency assistance, disaster relief and education inside the USA. www.redcross.org

Chelsea Bank

a division of East Cambridge Savings Bank is a community based bank with over 160 years of service to the community. www.ecsb.com

Chelsea Community Connections (CCC)

is a neighborhood based, resident driven coalition. CCC facilitates partnerships with supportive resources and services to strengthen families, and eliminate child abuse and neglect. www.ChelseaCCC.org

Global Premier Soccer

established in 2001 is a leading provider of camps, clinics and coach education throughout eastern MA. www.globalpremiersoccer.com

Jordan Boys and Girls Club

established in 1993, provides recreation, education, fitness and mentoring programs to support Chelsea youth. www.bgcb.org/locations_clubs_jordan.cfm

JRA Cycles

has been providing bicycles to the Medford community and beyond since 2001. JRA is nationally known as a leader in the Mountain Biking and BMX community. www.jracycles.com

Universal Cheerleaders Association

founded in 1974 by Jeff Webb. UCA's goal is to inspire leadership on and off the field. Programs focus on the traditional role of cheerleading. www.uca.varsity.com



More Programs In & Out of Chelsea

In Chelsea

Boston Paintballing

121 Webster Avenue
(617) 941-0123
www.bostonpaintballchelsea.com

Apollinaire Theatre Company

189 Winnisimmet Street
(617) 887-2336
www.apollinairetheatre.com

Chelsea Public Library

569 Broadway
(617) 466-4350
www.chelseama.gov/public-library

Chelsea Senior Center

10 Riley Way
(617) 466-4370
www.chelseama.gov/elder-services

Cronin Memorial Ice Skating Rink

870 Revere Beach Parkway
(781) 284-9491
www.fmcicesports.com/rink/revere-cronin-skating-arena

Vietnam Veterans Memorial Swimming & Wading Pool

184 Carter Street
(617) 884-3899
www.mass.gov/eea

Out of Chelsea OUTDOORS

Arnold Arboretum

125 Arborway, Boston
(617) 524-1718
www.arboretum.harvard.edu

Boston Common Frog Pond

38 Beacon Street
(617) 635-2120
www.bostonfrogpond.com

Boston Harbor Islands

66 Long Wharf
(617) 223-8666
www.bostonharborislands.org

Boston Public Gardens Swan Boats

4 Charles Street
(617) 522-1966
www.swanboats.com

Charles River Canoe and Kayak

15 Broad Canal Way, Cambridge
(617) 965-5110
www.paddleboston.com/kendall.php

Esplanade Concerts

Hatch Memorial Shell
Charles River Esplanade
47 David G Mugar Way, Boston
(617) 626-1250
www.hatchshell.com/index.php

Franklin Park Zoo

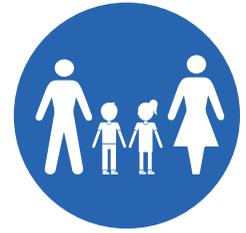
1 Franklin Park Road, Boston
(617) 541-5466
www.zoonewengland.org/franklin-park-zoo

Freedom Trail

139 Tremont Street, Boston
(617) 357-8300
www.thefreedomtrail.org

Pier's Park Sailing Center

95 Marginal Street, East Boston
(617) 561-6677
www.piersparksailing.org



Out of Chelsea INDOORS

Boston Ballet

19 Clarendon Street (studio)
(617) 695-6955
www.bostonballet.org

Boston Children's Museum

308 Congress Street
(617) 426-6500
www.bostonchildrensmuseum.org

Boston Pops

301 Massachusetts Avenue
(617) 266-1492
www.bostonpops.org

Boston Public Library

700 Boylston Street
(617) 536-5400
www.bpl.org

Boston Symphony Orchestra

301 Massachusetts Avenue
(617) 266-1492
www.bso.org

Charlestown YMCA

150 Third Avenue, Charlestown Navy Yard
(617) 286-1220
www.ymcaboston.org/charlestown

Harvard Museum of Natural History

26 Oxford Street, Cambridge
(617) 495-3045
www.hmn.harvard.edu

Museum of African American History

46 Joy Street, Beacon Hill, Boston
(617) 725-0022 x330
www.maah.org

MIT MUSEUM

265 Massachusetts Avenue, Cambridge
(617) 253-5927
www.web.mit.edu/museum

MetroRock Boston (Rock Climbing)

69 Norman Street, Everett
(617) 387-7625
www.metrorock.com/boston

Museum of Fine Arts

465 Huntington Avenue, Boston
(617) 267-9300
www.mfa.org

Museum of Science

1 Science Park, Boston
(617) 723-2500
www.mos.org

New England Aquarium

1 Central Wharf, Boston
(617) 973-5200
www.neaq.org

The Institute of Contemporary Art

25 Harbor Shore Drive, Boston
(617) 478-3100
www.icaboston.org

The Sports Museum of New England

150 Causeway Street, Boston
100 Legends Way
(617) 624-1234
www.sportsmuseum.org

Skyzone (Trampoline Park)

69 Norman Street, Everett
(617) 387-1000
www.skyzone.com/everett

Veronica Robles Cultural Center

175 Williams F. McClellan Highway, East Boston
(781) 558-5102
www.veronicarobles.com

YMCA East Boston

215 Bremen Street
(617) 569-9622
www.ymcaboston.org/eastboston

Chelsea Community Schools

Spring Course Registration

begins

Tuesday, January 17, 2017

Instructors Wanted!

Teaching for Chelsea Community Schools (CCS) can be a wonderful opportunity for you, as well as the Chelsea community.

If you have a course idea, we would love to hear it.

A teaching degree is not necessary.

Volunteer Opportunities!

Want to make a difference in your community?

CCS invites you to volunteer in all aspects of our program.

Teens are welcome to apply.

If interested, please contact:

Recreation &
Cultural Affairs Division

Administrative Office, Room 311
Chelsea City Hall
500 Broadway
Chelsea, MA 02150

Phone: 617.466.4070

Fax: 617.466.4099

recreation@chelseama.gov

www.chelseama.gov/recreation

 Find Us on Facebook